



# Full Moon Crystal Singing Bowl Sound Shower

Meditation, Deep relaxation, Energy alignment/balancing and Energy clearing/releasing with healing sounds of Crystal Singing Bowls

**Thu 21 Mar, Thu 18 Apr, Sun 19 May**

**\*Mon 17 Jun, Thu 18 Jul, Thu 15 Aug, Sat 14 Sep,**

**\*Mon 14 Oct, Thu 14 Nov & Thu 12 Dec**

**7:30 pm (\*8 pm on Mondays),**

**1 hr each session, \$20**

Booking is required

**Breathe, 32 Havelock Rd, Havelock North**

For further information, phone or Email to **Shu,**

Txt 021 0549035, Email: [crystal@naturallifenz.org](mailto:crystal@naturallifenz.org)