

Danielle  
LAPORTE'S

Your personal invitation to go deeper  
Experience Desire Mapping and Yoga

# THE DESIRE MAP WORKSHOP

## LEVEL 1: CORE DESIRED FEELINGS

Hi, I'm Carol Reid, Licensed Facilitator of the Desire Map, a programme designed to bring you greater clarity in your life. The Desire Map workshop begins with getting clear on what you already have in your life, what you are grateful for, and where you are dissatisfied. You'll get clear on the root of your desires and create a map of how you desire to feel in five areas of your life. From that place of clarity, you'll be guided to discover and declare your core desired feelings, all while being supported in a sacred, loving environment. Join myself and Doris from Breathe Yoga as we take you on a magical journey of self discovery, through Yoga and Desire Mapping. Yoga will apply to all levels including first timers.



Friday 22 September 2017 7.00am-5.00pm

Breathe Yoga Studio, 32a Havelock Road &  
The River Room, Tuki Tuki Road,  
Havelock North

\$210 per person (limited to 10 people)

Early Bird Discount to \$190 if paid by  
Friday 15 September 2017

Bring a lunch to share. Morning/Afternoon tea provided.

IN PERSON WORKSHOP

**breathe** YOGA Keeping Havelock flexible



soulpreneurs

A deposit of \$50 is required within 24 hours of registration

- Email: [carol@soulpreneurs.co.nz](mailto:carol@soulpreneurs.co.nz)
- Call: 021-774-058
- Register at: [www.soulpreneurs.co.nz/workshops](http://www.soulpreneurs.co.nz/workshops)

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THE DESIRE MAP  
LICENSED  
FACILITATOR